

ALCOHOL

Get the Facts

Alcohol is the most commonly misused substance among teenagers. People ages 12-20 drink 11% of all alcohol consumed in the United States.

40% of 11th grade students in Minnesota have had alcohol in the last 12 months.

Here's What You Need to Know

- 32.8% of teenagers have at least a few close friends who engage in drinking.
- 27% of teens know someone who struggles with an alcohol use disorder.
- 33% of teenagers believe they could get alcohol within 24 hours.
- In 2017, 17% of high school students rode in a car with a driver who had been drinking alcohol.
- Teens that drink alcohol are more likely to experience: academic, social, legal and physical problems. They're also at risk for alcohol-related car crashes, unwanted or unplanned sexual activity, changes in brain development, thoughts of suicide and alcohol poisoning.



www.opuscoalition.org

References: MN Department of Health, MN Student Survey, Center of Disease Control and Prevention, Substance Abuse and Mental Health Services Administration, Know the Truth™ Prevention Program student surveys.