



E-CIGARETTES AND VAPES

E-cigarettes are battery-powered devices that permit users to inhale an aerosolized liquid. These vapes contain chemicals such as nicotine, formaldehyde, aerosols, toxic flavoring chemicals and other carcinogens.

They are the most popular tobacco product among youth, so much so that youth vaping is considered an epidemic by the CDC.

Here's What You Need to Know

- E-cigarettes are not safe for youth. They contain chemicals that can cause damages to the brain and lungs.
- Teens who use e-cigarettes are likely to get addicted to them, and use other substances. 1 in 4 high school students use e-cigarettes.
- Teens successfully bought e-cigarettes online 94% of the time.
- E-cigarettes are marketed to youth with their enticing fruit and candy flavors.



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References: MN Department of Health, MN Student Survey, Center of Disease Control and Prevention, Know the Truth™ Prevention Program student surveys.